



CENTURY VILLA

HEALTH CARE & REHABILITATION

TESTIMONIAL

“Thanks to Exceptional Rehab at Century Villa Health Care I’m back in the swing of things and looking forward to enjoying another summer season of Music at the Fairgrounds.”

—Mary Lou Callis



MARY LOU

Mary Lou is known by all as a fun-loving gal who values her independence and likes to be active. She has spent many years volunteering for community projects, like Music at the Fountain, in our little town.

A mild stroke left Mary Lou weak and de-conditioned. When leaving the hospital she only needed a little assistance and could have gone home. She had an important decision to make. A short stay at Century Villa rehab, with therapy 5 days a week or therapy at home that would be limited to a few times a week.

Mary Lou really wanted to go home from the hospital, but felt it was important to get as much therapy as possible. Instead of pushing herself with daily tasks at home, she pushed herself in safe and purposeful exercise in the Century Villa Rehab gym. This enabled her to rebuild her strength in a safe and structured environment.

Mary Lou has returned home feeling confident. Choosing the short-term stay at Century Villa enabled her to get stronger faster. Mary Lou is back in the swing of her active life and feeling great. You will find her this summer spending her Thursday nights enjoying another season of Music at the Fairgrounds.

INDEPENDENT LIVING • ASSISTED LIVING • SKILLED NURSING • REHABILITATION

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