



VANCEBURG

REHABILITATION AND CARE



Meet Rebecca

Rebecca Dillion is a Registered Respiratory Therapist who recently joined Vanceburg and Rehab Care Team. She has 20 years of experience in the field, including experience in the hospital setting, ICU, ER, Long-Term Care, and home setting.

Rebecca graduated in 2003 from Shawnee State University and a life long resident of Lewis County. She is married to Ashley Dillion for 10 years now with one son who is 4 (Gavin). In her spare time,

she enjoys being outdoors and quality time with her family.

BENEFITS OF AN IN-HOUSE RESPIRATORY THERAPIST

Respiratory therapy helps you breathe easier by improving the lung function through specialized treatment plans. Respiratory therapists, or RTs, assess your breathing, recommend exercises, and monitor your progress.

As our in-house respiratory therapist, Rebecca works with other members of our clinical team to coordinate a course of action to bring breathing levels back to normal. This typically happens after surgery, but can also occur if a person suffers from lung and airway disorders such as asthma, COPD, emphysema, cystic fibrosis, and Parkinson's disease. The goal of a respiratory therapist is to ensure that breathing functions are operating at the highest levels of performance.

One of the most plans of care in respiratory therapy is pulmonary rehabilitation. Pulmonary rehabilitation is a program of education and exercise to help you gain strength, reduce symptoms of anxiety or depression and to improve your quality of life.

To learn more about our respiratory recovery program, call 606-796-3046.



SKILLED NURSING • LONG-TERM CARE • SHORT-TERM REHAB • RESPIRATORY RECOVERY

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