

"When I could not get out of bed on my own, the staff were always right there to help me. They are very kind and courteous. Therapy motivated me a lot, I have no complaints. These facilities are very needed. I don't know what I would've done without this place, I wouldn't be on my feet if I didn't get therapy."



- Connie Fannin

Success Story

Connie was in a motor vehicle accident May 23, 2022. She was in the vehicle nearly 24 hours before being found by a local farmer. She broke her right wrist and right leg and had to undergo surgery. When she admitted to our facility, she was not allowed to put weight down on her fractured leg and was unable to use her right hand. She had difficulty transferring herself and completing activities of daily living (dressing, grooming, toileting, etc.) independently.

After being cleared by her orthopedic doctor, she was allowed to start working towards walking again. With the help of physical and occupational therapy, she has made tremendous progress. She is now able to walk short distances, transfer herself, regained most function of her right hand and is now more independent with her daily tasks. Mrs. Fannin is striving towards her goal to return home!





I don't know how I would have made it without rehab here. I enjoyed it very much!

- Lois Kamer

Miss Lois Kamer came to our facility after she fell at home and broke her ankle and was non-weight bearing. She recieved PT and OT for 5 weeks for strengthening and gait training to "hop" on one leg. She returned home with home health PT services. She now has returned to prior level of function.



58 Eastham Street, Vanceburg KY 41179 Ph: 606-796-3046 • vanceburgrehab.com



"Jim was in the hospital 3 different times then admitted to Vanceburg Rehab, we did not expect him to recover so quickly. The respiratory therapist went right to work on him and I was absolutely amazed at how quick she got the trach out. We were just thrilled! We tell everyone how good you all were to us, I'm so thankful we decided to bring him there. God has blessed us so much. The office staff was so good to me and were always there to talk and answer my questions. You all got him where he wanted to be, home, for that we are so very thankful!"

— Linda Carver, wife



JIM

Jim was diagnosed with COVID-19 in early February of 2021. After being admitted to Southern Ohio Medical Center, he was trached and placed on a vent due to extremely low oxygen levels, then transferred to Cornerstone. Cornerstone weaned him off the vent and referred him to Vanceburg Rehabilitation and Care for respiratory and physical therapy.

When Mr. Carver joined us, he was on 6 liters per minute of oxygen via trach mask with a size 8 trach, and he was very weak and short of breath. Within 2 days of his stay, respiratory weaned him down to 2 liters of oxygen per minute and within a few weeks his trach downsized to a 6. By August 2021, his trach was completely removed as well as his feeding tube and he was able to go home with his wife.



"Care has been great! I'm very impressed that she was weaned from her oxygen so quickly. It's amazing that she was on 5 liters of oxygen and within 2½ months respiratory has worked hard and she's weaned off oxygen completely. Also, she has gone from a size 8 trach down to a size 4 trach. I'm looking forward to her trach being removed and bringing her home, I believe this is possible with the awesome respiratory therapist at Vanceburg!"

— Martha Morgan, sister



LAURA

Laura had two brain aneurysms that burst and was transferred to University of Kentucky Hospital. The team there had given up hope and didn't see any signs of recovery. Overnight, she showed signs of increased brain activity and her clinical care team decided to perform brain surgery.

She was discharged to our team at Vanceburg Rehab and Care for

respiratory therapy and rehabilitation. Within a couple months of respiratory care, she has been completely weaned from all oxygen and her trach has drastically downsized from the largest to the smallest.

Our goal is to completely remove her trach in order for her to be home with friends and family.



"The facility is great! Especially the staff, they are compassionate and really take care of their patients. The respiratory therapist does a great job, Rita loves her and says she is her favorite girl. She has come a long way and I'm happy we were able to get her in here."

- Kenneth Burton, Husband



Rita Burton

Rita had a severe seizure that led to ventilator placement in January of 2022. After numerous days of being on the ventilator, a size 8 trach was placed. She admitted to Vanceburg Rehab in February of 2022 after several weeks in the hospital. Since her admission our respiratory therapist has been working with her, she downsized to the smallest trach, a size 4.

She done so well with the downsizing that her trach was plugged and she was able to breathe on her own. Rita has had significant improvement since being admitted and the trach has finally been removed. She is one step closer to meeting her goal of going home with her family.



"I had a fall and when I got back from the hospital, therapy started helping me. I went through therapy and now I have my graduation certificate hanging on my dresser, I am so proud of it. I can do a lot now and also help others. Therapy was excellent, I'm very proud of them and think they deserve a gold star." — Christine Riley



CHRISTINE

Christine, one of our long-term residents, had a fall in June of 2021 while walking. She suffered a left femur fracture and had to undergo hip surgery. When she returned to our facility from the hospital, she was unable to complete her activities of daily living, walk or

transfer. She began working with physical and occupational therapy. Within a short amount of time she was able to walk again. With her hard work and determination, she is now able to perform her daily task as if the fall never happened.



ANOTHER VANCEBURG SUCCESS STORY

"I appreciate all you all are doing, you're doing great! Scott told me he is never hungry and gets good food and care. He is really trying and therapy is doing awesome helping him recover from his stroke."

— Debra Prowant, sister

SCOTT

Scott had a stroke in August of 2021. As a result of the stroke he began having difficulty swallowing and following commands.

Since coming to Vanceburg Rehab, he started working with our new speech therapist, Gloria. He was on the lowest level diet, pureed. Through swallowing therapy, he was able to be upgraded to a mechanical

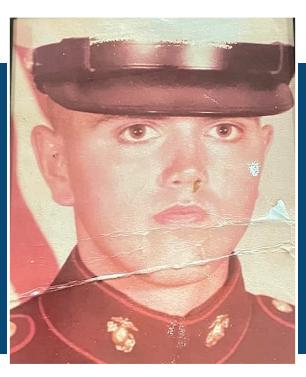
soft diet and has recently began trials for a regular diet. His liquids were upgraded from nectar thick to regular.

This greatly improves his quality of life and his ability to progress to his goal of a regular diet.



"Therapy has helped me a lot. When I first came, I could not do anything on my own besides feed myself. They gave me equipment to work out with and I have came a long way. The nurses are great here, I always joke and say they are too nice; I've never been treated so good."





Testimonial

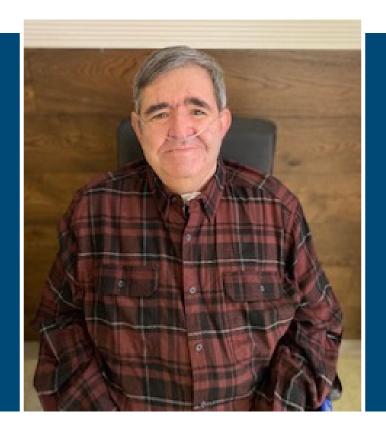
Mr. Maggard admitted to us with a spinal infection, he required a back brace and was in severe pain. He could not complete his daily activities of living on his own besides feeding. However, he had great determination to get his strength back.

With the help of our therapy team he is now able to take care of himself completely; he can transfer, stand and complete his own self-care. He is doing exceptional and is on track to accomplish his goal of going home.



"Wilson was admitted to Vanceburg Rehab with a trach due to a stroke. Within 2 weeks of respiratory therapy, we heard his voice for the first time. Within a few months, he successfully went from an open trach to a closed one. He was so happy to breathe normal again and not have to be constantly suctioned. He has come a long way and I feel like he is in the right place. I am very satisfied with his care, the respiratory therapist and the whole team are on top of everything."

— Barbara Dyer, sister



WILSON

One afternoon, Wilson's brother-in-law picked him up to go into town and he noticed Wilson was acting unusual. He was confused and could not speak clearly. When they called the ambulance, he was transported to Southern Ohio Medical Center where they ruled it as a stroke, and was intubated. He was flown to St. Mary's and was on the vent for several days then a trach was placed.

Once he was weaned off the vent, he was transferred to Vanceburg Rehab for therapy and care. He has drastically improved with care from the respiratory therapist. He went down to the smallest trach, a size 4 cuffless and it is now closed with a trach button. He and his family are looking forward to him going home.



"I appreciate everything the respiratory therapist has done for my brother; she is doing a great job. I am glad he found a good center and I'm proud of how the staff has handled his care. Everything you all have done has really helped him and he has come a long way."



- Tony McElroy, brother

Leonard McElroy

Leonard was in vehicle accident in 2021, which caused a traumatic brain injury. He was in Kindred Hospital for several months and admitted to Vanceburg Rehab in December of 2021. He admitted with a size 6 trach and on 3 Liters of oxygen. He was in a vegetative state, unable to care for himself or communicate any needs. Our Respiratory therapist started weaning him off oxygen and downsizing his trach.

Leonard has been completely weaned off oxygen and no longer has a trach. He has had major improvement since the removal of his trach; he can communicate with staff and has started moving his limbs. He loves to adjust his bed on his own and always gives the staff a big smile when he does so. He also loves watching basketball and enjoys tossing his own ball throughout the day